

FARIBAULT PUBLIC SCHOOLS

**SPRING**

FAMILY EDUCATION & MORE

**2022**

# EARLY CHILDHOOD EDUCATION



## WHAT'S **INSIDE**

Early Childhood  
Family Education

Early Childhood  
Screening

Help Me Grow

Falcon's Nest  
Preschool

Kids World



[www.mecc.faribault.k12.mn.us](http://www.mecc.faribault.k12.mn.us)





# WELCOME

Faribault families with young children have access to a continuum of programs through Early Childhood Family Education (ECFE) and preschool classes. By partnering with families, we are able to offer support, encouragement and education for our youngest community members.

We are committed to creating an inclusive and welcoming learning environment where families and children can **explore, inquire, connect and create.**

## ADMINISTRATIVE STAFF

### **OLIVIA SAGE**

Coordinator of Early Learning Services  
[osage@faribault.k12.mn.us](mailto:osage@faribault.k12.mn.us) | 507-333-6455

### **VAL DOLEZAL**

Program Administrative Assistant  
[vdolezal@faribault.k12.mn.us](mailto:vdolezal@faribault.k12.mn.us) | 507-333-6460

### **ANNE MARIE LELAND**

Community Education Director  
[aleland@faribault.k12.mn.us](mailto:aleland@faribault.k12.mn.us) | 507-333-6033

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Special Services Director  
[rdehnert@faribault.k12.mn.us](mailto:rdehnert@faribault.k12.mn.us) | 507-333-6002

## WHAT'S INSIDE

### **Early Childhood Family Education**

- What is it?
- Learning Options/Registering
- Sliding Fee
- Classes at a Glance
- Class Descriptions
- Meet the Teachers

### **Early Childhood Screening**

### **Help Me Grow**

### **Falcon's Nest Preschool** Classes

### **Kids World**

### **Family Engagement**

## **Our Mission & Vision:**

McKinley Early Childhood Center partners with families to provide support, encouragement, and education.

Our vision is that all families will have access to high quality early education in collaboration with community early childhood partners.



# WHAT IS **ECFE**?

ECFE is a program for all Minnesota families with children from birth to kindergarten. ECFE recognizes that parents are their child's first teacher, and provides resources, support and learning space for families. Our ECFE program offers a variety of classes centered around you and your young child and family. To meet families needs we offer morning, afternoon, and evening classes. The length of class varies and is listed in the class description.

## **CLASSES BEGIN THE WEEK OF March 28, 2022\***

\*Baby Stop meets continuously throughout the year!



## **3 WAYS TO REGISTER**

Payment is required at registration



Online

with Credit Card

**faribault.ce.feepay.com**



In-Person

**McKinley Early Childhood Center**

930 4th Ave NW

**Faribault Education Center**

340 9th Ave SW



By Phone

with Credit Card

**507-333-6460**

## GET TO KNOW **ECFE**

### LEARNING OPTIONS

#### **NON-SEPARATING CLASSES**

Parents and children stay together for the duration of the class to play, learn, and create together while meeting other families.

#### **SEPARATING CLASSES**

Parents and children have time together and apart for learning. Some classes are topic based and others are age specific.

#### **FAMILY CLASSES**

Classes for parents with multiple children under age five are offered in separating and non-separating formats. To allow for age appropriate materials, parents are welcome to bring infants and keep them with them during the separating portion of class.

#### **SIBLING CARE**

Sibling care is available for children that are not the target age for the class during separating times. Our ECFE team utilizes an early childhood paraprofessional to support care for all children attending classes.

### **SPRING 2022 SLIDING FEE SCALE**

ANNUAL INCOME	POSTED CLASS COST					
	\$10	\$40	\$45	\$48	\$63	\$80
\$40,000 +	\$10	\$40	\$45	\$48	\$63	\$80
\$30,000 – \$39,999	\$8	\$32	\$36	\$38	\$50	\$64
\$20,000 – \$29,999	\$7	\$26	\$29	\$31	\$41	\$52
\$10,000 – \$19,999	\$5	\$20	\$23	\$24	\$32	\$40
\$9,999 and under	\$3	\$12	\$14	\$14	\$19	\$24

No one is turned away from accessing our programming. Please call if you are in need and would like to attend a class.

Tuition is prorated for families entering mid-term.



# EARLY CHILDHOOD FAMILY EDUCATION

Faribault Public Schools invites you to join our talented team of educators with your young child(ren) for fun, hands-on classes that you and your child will love.

**All ECFE classes\* are held at the Faribault Education Center** (340 9th Ave SW, Door 22)

\* I love to Read & Move will be held at McKinley Early Childhood Center

*One time evening event held once per month*

**Spring session begins March 28 and will conclude May 27, 2022.**

Please visit our website for more information and to register.

<https://mecc.faribault.k12.mn.us/academics/ecfe>

**Registration for Spring 2022 opens March 7, 2022.**

## CLASSES **AT A GLANCE**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9 - 10 a.m.</b> <b>TINY TOTS</b> (6-24 mo)		<b>9 - 10:30 a.m.</b> <b>STEAM</b> (0-5yrs)	<b>9 - 10 a.m.</b> <b>BABY &amp; ME</b> (2 mo -1 yr) Sib care offered	<b>9 - 10 a.m.</b> <b>POP IN AND PLAY</b> (0-5 yrs)	<b>9:30 - 11:00 a.m.</b> <b>SUPER SATURDAYS</b> Once-a-month (0-5yrs)
<b>10:30 a.m. - 12 p.m.</b> <b>MULTI AGE</b> (0-5 yrs)		<b>10:45 a.m. - 11:45 a.m.</b> <b>ECFE OUTSIDE RAIN OR SHINE!</b> (0-5 yrs)	<b>10:30 a.m. - 11:45 a.m.</b> <b>BABY STOP</b> (0-12 weeks) <b>FREE!</b> Sib care offered		
		<b>12:45 - 3:15 p.m.</b> <b>ON MY OWN</b> (3-4 yrs)			
<b>5 - 6 p.m.</b> <b>BABY AND TOTS</b> (2 mo -18 mo)					
<b>6:15 - 7:30 p.m.</b> <b>MULTI AGE</b> (0-5 yrs)		<b>6 - 7:30 p.m.</b> <b>I LOVE TO READ &amp; MOVE</b> Once-a-month at McKinley <b>FREE!</b> (0-5 yrs)			





# SPRING Classes

If space is available, families are welcome to join at a prorated cost at anytime. Sliding fee available for all families. The Faribault Education Center is located at 340 9th Ave SW in Faribault. Enter at door #22.

## MULTI AGE

For children ages 0-5. Play and explore with your child while interacting with a small group of friends in a clean, safe, and welcoming classroom. Everyone joins together in the early childhood room for the first part of class. After circle time, parents separate to learn and share about parenting.

**AM: 8 sessions, \$40.** Class does not meet on April 18, 2022.

**PM: 8 sessions, \$48.** Class does not meet on April 18, 2022.

## ON MY OWN

For children ages 3-4. A child only class that will provide a preschool experience for your young one. Once a week your child will build on social, academic, and other skills aligned with Minnesota's Early Indicators of Progress.

Children will learn through play and have fun meeting new friends. Cost is per child.

**9 sessions, \$80.**

## BABY & TOTS

Babies ages 2-18 months. Gather with your baby, parents and the Parent Educator for hands-on exploration that enhances a child's development. Discussions for parents will include sleep, nutrition, child development, and other common situations that occur in year one. Sibling care available. This is a *non-separating class*.

**Mondays: 8 sessions, \$40.** Class does not meet on April 18, 2022.

**Thursdays: 9 sessions, \$45**

## TINY TOTS

For children ages 6 to 24 months. Toddlers and twos are on the move and becoming more independent each day as they explore the world around them. This class is the perfect playtime for toddlers and twos. Parent education will focus on topics such as development, toilet learning, gaining cooperation, language development and other topics specific to this stage of development. This is a *non-separating class*.

**8 sessions, \$40.** Class does not meet on April 18, 2022.



**LEARN ABOUT SPECIAL POP-UP EVENTS  
THIS SPRING AND SUMMER!**

Find Us On  
**facebook**

Scan the  
**QR CODE**



## ECFE OUTSIDE - RAIN OR SHINE!

Bring your little ones to meet new friends and play at the ECFE playground. We'll be outside rain or shine so dress well no matter what the weather. You'll have a chance to meet other parents and watch your kids explore and climb. Facilitated by both our parent educator and preschool teacher, so you can expect lots of fun activities for children 0-5.

**9 sessions, \$45**

## STEAM

For children ages 0-5. Designed to keep your child thinking, exploring and experimenting through hands-on activities which focus on STEAM principles (science, technology, engineering, arts and math). Parent education topics will focus on discovering how to support your child in becoming a critical thinker and problem solver.

**9 sessions, \$63**

## BABY STOP

**For babies ages 0-12 weeks.** Welcome to ECFE! Join other parents as we laugh, cuddle and share about this amazing new person in your life! You will enjoy peace of mind by having your baby weighed each week and getting answers to questions about your newborn. Baby Stop is co-led by a parent educator and a public health nurse. We look forward to meeting you and your baby. **Class is offered FREE of charge!**

## POP IN AND PLAY

For children ages 0-5. Pop into our classroom for fun art, literacy and play activities. Bring comfortable shoes for time outside when the weather is nice!

**9 sessions for \$45 OR \$5 per session.**

## I LOVE TO READ & MOVE

Get ready to move in our child-friendly gym space at McKinley Early Childhood Center 930 4th Ave NW. Once per month, you and your young child can come to play games, sing songs, and listen to a beloved children's story. Foster a love of reading through movement and play. Pre-registration is required

**FREE OF CHARGE**

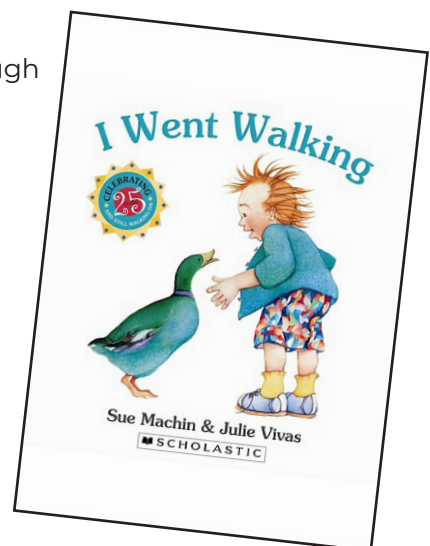
**EACH FAMILY WILL RECEIVE A FREE COPY OF THE FEATURED STORY TO TAKE HOME!**

**Wednesday, April 13**

**PETE THE CAT**

**Wednesday, May 18**

**I WENT WALKING**





## SUPER SATURDAY

A special event for moms, dads or grandparents and children ages 0-5 to play, create and grow together without the distractions of home. Sign up for one or all. These will be fun, fun, fun! Adults stay with children the entire time.

**\$10 PER FAMILY.**

**Saturday, May 14**  
**Spring Fling!**  
**9:30-11:00 AM**

**\*THIS EVENT IS HELD AT THE  
FARIBAULT EDUCATION CENTER.**

Dig into hands-on play outside and explore the colors of spring through planting, painting, and more.



## MEET OUR STAFF

### ANNA RUNESTAD

*Licensed Parent Educator*

Working with parents is my life work and passion. I am in awe of how babies and children grow, change and develop and helping parents see the wonder of their child's growth (and their own) is a goal of every class. Parents are helping their child grow into being - while also managing a house, career, other relationships, unreasonable tantrums and requests by their children and doing so on very little sleep. I'm honored to be a part of the parenthood journey & want parents to leave ECFE classes feeling supported, understood and encouraged.

I'm new to the Faribault/Northfield area, having just moved here with my husband and two teenage children. I've taught ECFE in all corners of Minnesota and look forward to getting to know parents in Faribault. I enjoy walking or hiking each day with my two dogs, reading, learning and laughing with friends.

### ANGIE FRAWLEY

*Early Childhood Family Educator*

When I started teaching ECFE, I realized this was the job that was meant for me. A job that doesn't feel like a job because I enjoy it so much. I love being able to meet new families and be a small part of their lives. I am a mother of 3 small children and benefit from the support of the ECFE environment as much as the families that attend our classes.

I have been teaching ECFE for a little over 6 years. The part time schedule of an ECFE teacher has allowed me to live the best of both worlds by being able to stay home part time and work part time. I started teaching ECFE as a new mom with a 2 year old and my second on the way. Now that my children are 9, 6 and 2, I have more life experience that has helped me be able to support families even more. I live in Northfield with my amazing children and have been teaching in Faribault for 2 years. We love trying new parks and swimming in the summer. Anything that allows us to be outside and explore new things. I look forward to meeting new families every school year and seeing familiar faces return.

# FALCON'S NEST PRESCHOOL

*For children who are  
3 or 4 years old by  
September 1st, 2022*



## 3 Locations!

McKinley Early Childhood Center  
Roosevelt Early Childhood Center  
Jefferson Elementary

Welcome to Faribault Public Schools preschool program! We are committed to providing a high quality early learning experience that will prepare your child for success in kindergarten and beyond! Our licensed teachers use a curriculum that aligns with the Minnesota Early Learning Standards.

Family engagement is an important part of our preschool programs and to your child's success. You will have the opportunity to participate in classroom learning activities through our family visit days, attend parent education and discussion sessions throughout the school year, and receive daily updates from your child's teacher.

## Registration for next school year OPENS MARCH 14, 2022

### Preschool Tour Week- March 7-11<sup>th</sup>

Come and tour our school and meet with the coordinator to learn about what makes our preschool programs so special. Call 507-333-6455 to schedule a tour.

### Register in Person

Attend one of our registration events at  
McKinley Early Childhood Center:

**Monday, March 14th**  
**9-11 am**

**Tuesday, March 15th**  
**4-6 pm**

Spanish and Somali speaking interpreters will be available. Kids World, Help Me Grow and early childhood screening staff will be at both events. Registration will remain open starting March 14, 2022. If you can not attend one of our registration events, please stop by the office to pick up your registration packet and to ask questions.



Find Us On  
**facebook**

Scan the  
QR CODE





# THREE YEAR OLDS

At age 3, your child may be going to school for the first time. Our preschool program will provide a positive introduction to school. Opportunities to practice social skills and engage in math, language, art and music activities will help build a foundation for school success.

**CLASS OPTIONS:** We offer half day (2.5 hours per day) and full day (7 hours per day) classes for three year old's. Classes follow the Faribault school district calendar.

**LOCATIONS:** McKinley Early Childhood Center (half day) and Roosevelt Early Childhood Center (full day)

**CHILDREN MUST BE 3 YEARS OLD BY SEPTEMBER 1, 2022**



**TRANSPORTATION:** Transportation is provided for **ALL CHILDREN** living in the Faribault city limits and is included in the price of tuition.

# FOUR YEAR OLDS

The year before kindergarten is an exciting time as your child's social skills, independence and learning develop by leaps and bounds. Licensed teachers will plan a high quality curriculum that aligns with district kindergarten expectations. Children will learn important literacy, math and social-emotional skills. Teachers track children's development and plan instruction to meet the needs of each student.

**CLASS OPTIONS:** We offer half day (2.5 hours per day) and full day (7 hours per day) classes for four year old's. Classes follow the Faribault school district calendar.

**LOCATIONS:** McKinley Early Childhood Center (half day) and Roosevelt Early Childhood Center/Jefferson Elementary (full day). Children will be placed at preschool locations based on school boundaries, but parent choice is considered.

**CHILDREN MUST BE 4 YEARS OLD BY SEPTEMBER 1, 2022**

# EARLY CHILDHOOD SCREENING

MCKINLEY EARLY CHILDHOOD CENTER

COMPREHENSIVE SCREENING OF:

THINKING, LANGUAGE & COMMUNICATION SKILLS

SOCIAL & EMOTIONAL DEVELOPMENT

MOVEMENT & BALANCE

VISION & HEARING

HEIGHT & WEIGHT

**SIGN UP  
TODAY!**

**WHEN YOUR CHILD IS 3 YEARS OLD**

Call McKinley Early Childhood Center at  
507-333-6460 or scan the QR Code to set-up  
your free screening appointment

Hold your smartphone camera over the QR code to access  
sign up. If you have trouble use this link in your browser:  
<https://mecc.faribault.k12.mn.us/early-childhood-screening>



Appointments typically run about an hour, and both the child and parent need to be present. Screening results are based on your child's chronological age. **There is no pass or fail!** It is best to screen when a child turns three, but screening can also be done at age four or five.

## DID YOU KNOW?

- Early Child Screening is a check up on how your child is growing and developing.
- All children in Minnesota must be screened before they start kindergarten.
- Screening helps connect your family and child to community resources.

## WE ARE HERE TO HELP!

We want to partner with you and make this milestone smooth and simple. If you have questions, concerns, or want more information on screening please contact us or stop by our early childhood center.

Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qorallkan, lambarka wac 507-333-6460.

Si desea recibir asistencia gratuita para interpretar este documento, llame al numero indicado 507-333-6460.



## FARIBAULT PUBLIC SCHOOLS

# EARLY INTERVENTION PROGRAM:

The Early Intervention program is part of District 656's Special Education Services. It is a free program offered to families whose child, specifically those from 0 to 3 years old, is eligible and has qualified through our evaluation process. Team members could include an early childhood teacher, a physical therapist, an occupational therapist, and/or a speech therapist.

**OUR MISSION:** *The mission of the Faribault Early Intervention EQIP team is to develop and put into practice the skills that will empower and assist families in helping their children to grow and learn in the most meaningful ways in their natural environment.*

EQIP or Evidence-based Quality Intervention Practices is an approach or strategy where the caregiver guides the visit; working within typical routines and interests of the child to enhance their child's skills in order to make positive gains towards his/her outcomes. The early childhood team members are there to teach, guide, and coach families or caregivers to help support the development of the child in routine or everyday activities that the caregivers have identified as a need. This evidence based practice is part of ongoing research for providers to use to facilitate caregiver's interactions with their children that promote participation and engagement in their everyday routines. Children learn throughout their day as they experience their day such as getting dressed, mealtime, playtime, naps, bedtime or going to the store. Providers work with the caregivers to embed learning into these daily activities so that it occurs naturally and often.



Children develop in certain, predictable ways, referred to as developmental milestones. Milestones help you understand how your child develops, learns and grows. Visit Help Me Grow to learn more or make a referral to connect with one of our birth to three team specialists.



Hold your smartphone camera over the QR code to access the Help Me Grow website.



Caring for young children can be one of life's most rewarding experiences and it's difficult to know where to start looking for resources when families want help supporting their little ones. Minnesota Help Me Connect is a new online navigator that connects pregnant and parenting families with young children birth to 8 years of age with services in their local communities that support healthy child development and family well-being.



Hold your smartphone camera over the QR code to access the Help Me Connect website.

# FAMILY ENGAGEMENT

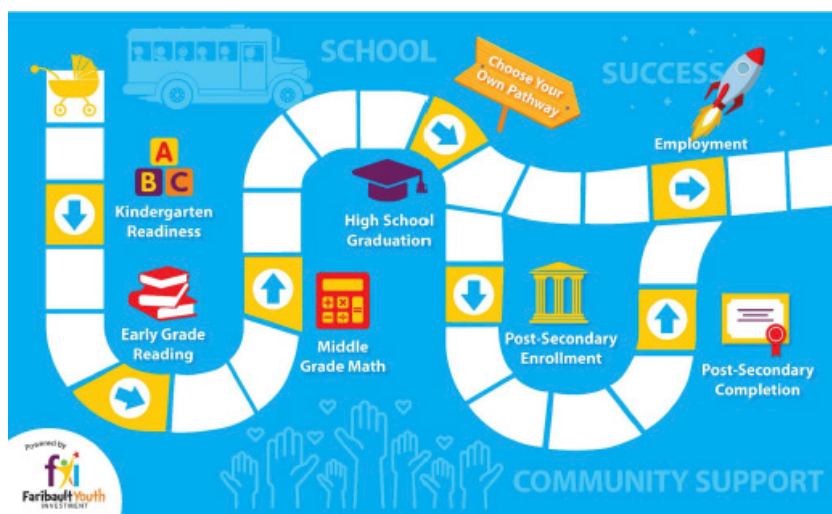
## PARENT ADVISORY AND CONNECTIONS COMMITTEE

Do you like to be a part of a team? Do you want to help foster connections within the community and plan fun family engagement opportunities within early childhood? We'd love for you to join our parent advisory and connections committee. Our team meets once a month to focus efforts around engaging families and supporting early childhood literacy and development.

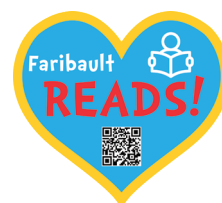
Members include Olivia Sage, early learning coordinator, Val Svenby, our Family Literacy Specialist, and early childhood teachers who all share a passion for families with young children.

Email Olivia Sage for more information! [osage@faribault.k12.mn.us](mailto:osage@faribault.k12.mn.us)

## CRADLE TO CAREER



## FARIBAULT READS!



We, as a community, commit to working to ensure all Faribault youth can achieve their full potential. One way we support your child's future is through literacy and family engagement. Reading to and with your child is essential for a successful pathway to career readiness. We love partnering with all families to surround each child with nurturing care.

## KINDERGARTEN REGISTRATION AND INFORMATION NIGHTS

### March 2022

Kindergarten Information and Registration Nights.

March 3rd-Jefferson Elementary 4-7 pm

March 8th-Roosevelt Elementary 4-6 pm

March 10th-Lincoln Elementary 3-5 pm

### June 13th- July 28th 2022

Summer STEAM Pre-K to Kindergarten Classroom Experience

Classes will be held at Roosevelt Elementary.

For more information, please email or call Valerie Henry:  
[vhenry@faribault.k12.mn.us](mailto:vhenry@faribault.k12.mn.us) or 507-333-6011.

### August 11th

Pet Parade and Community Kick-Off  
to Kindergarten Celebration

August 11th 2022 **7:00 pm start**. Line up at McKinley Early Childhood Center starting at 6:30. Wear your Hello Kindergarten Falcon's t-shirt and bring your favorite pet to march in the pet parade!

### August/September 2022

First Day of School

August 29-30th - Meet and Greet Days at Elementary Schools

August 31st - First day of school grades K-5.



**FREE EVENT**

**FARIBAULT EARLY CHILDHOOD FAMILY EDUCATION**

**COMMUNITY**

**BOOY**

**Shower!**

**Expectant parents & parents with babies up to 12 months**  
**Join us and learn more about what ECFE has to offer families with babies**

**SATURDAY, APRIL 2, 2022**

**9:30-11:30 AM | FARIBAULT EDUCATION CENTER**

340 9th Ave. SW (Door 22)



**Meet community partners,  
participate in Baby Storytime,  
songs and activities!**



*Kids World serves children from preschool (toilet trained) through age twelve.*



The goal of Kids World is to provide a relaxing, enriching and safe environment where children are encouraged to pursue their personal interests, develop friendships and grow in confidence and respect.

SITE LOCATIONS	HOURS	PHONE
Jefferson Elementary	6:30-8 a.m. / 3-6 p.m.	(507) 475-4629
Roosevelt Elementary	6:30-8 a.m. / 3-6 p.m.	(507) 330-2132
McKinley Early Childhood	6:30-8 a.m. / 3-6 p.m.	(507) 475-1975

*\*CCAP accepted at all sites*

***Contact Kids World Coordinator Tiffany Reuvers  
at 507-330-1396 or [treuvers@faribault.k12.mn.us](mailto:treuvers@faribault.k12.mn.us)***

## **Kids World will strive to offer your child:**

- Encouragement to develop new friendships and work together in cooperative group situations
- Support in gaining respect for themselves, others and property.
- A safe place to develop self-confidence.
- A safe, caring, trusting and relaxed environment conducive to fun and adventure.
- Trained caring and respectful staff who understand the importance of a stable setting that meets the developmental needs of school age children.

Kids World offers a variety of activities in both group and individual situations. Some activities include arts and crafts, sports, creative play, social emotional skills, homework help, manipulative & construction toys, critical thinking skills, and special events.



# RECIPES FOR SPRING FUN!

## The World's BEST Homemade Play Dough Recipe *By: Kate Jones*

### INGREDIENTS

3 cups all-purpose white flour  
2 tablespoons cream of tartar  
1 cup + 2 tablespoons table salt  
3–4 tablespoons cooking oil (canola, coconut, etc.);  
start with 3 and if the dough is a little dry, slowly work in a little more.  
3 cups hot water  
Food coloring (Optional)

### DIRECTIONS

1. Add the flour, cream of tartar, salt, and 3 tablespoons cooking oil to a large pot. Whisk together.
2. Add water and whisk until smooth.
3. Cook over medium heat, stirring constantly, until the dough forms a soft ball. Be sure not to overcook—it will be too dry.
4. Remove from heat and then scrape together the mixture into a ball.
5. Place in a Ziploc bag or cover with plastic wrap and allow to cool slightly.



## Homemade Bubbles

### INGREDIENTS

4 cups warm water  
1/2 cup sugar  
1/2 cup blue Dawn dish soap

### DIRECTIONS

1. Combine the sugar and water  
Whisk the sugar into the warm water until the sugar dissolves.
2. Whisk in the soap  
Add the dish soap and whisk to combine.
3. Let sit  
*This step is only if you have some patience or think to make the solution ahead of time. Letting the homemade bubbles sit for a couple of hours or even overnight helps them work a bit better but is not strictly necessary.*
4. You can use slotted spoons, colanders or cut a hole in the bottom of a plastic cup or bottle to make a bubble wand.







## Faribault Public Schools

Independent School District #656  
710 17th St. SW  
Faribault, MN 55021  
507-333-6460



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FAMILY EDUCATION & MORE

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